

## GUIDELINES FOR THE CONDUCT OF CLUB TRAINING EVENTS

It is recognised that certain activities can be conducted by clubs which have a minimal community impact and already have a tolerable inherent risk and therefore do not require formal review via the sanctioning process. For the purpose of distinction, these low-risk activities are considered to be training events.

*Club training events do not require formal sanctioning approval from Triathlon Australia.*

If a training event is promoted by an affiliated club then the following guidelines should be adhered to:

### General Requirements

- should make reasonable efforts to ensure that all participants are current members of TA
- Any combination of swim / bike / run is allowed

### Swim Requirements

- All activities in inland supervised pools are acceptable
- Open water swimming is acceptable in SLSA patrolled areas
- Open water swimming in SLSA non-patrolled areas is acceptable provided that the club has developed and implemented an appropriate risk management plan which, as a minimum, considers the risk of a swimmer requiring outside assistance

### Bike Requirements

- Maximum of 20 participants per group or wave
- Aerobars / time trial bars are not to be utilised when riding within 5 meters of another bike
- Must be non-competitive
- No formal recording of times or publishing of results
- All participants must obey all traffic rules

### Run Requirements

- Maximum of 20 participants per group or wave unless separate approval is given by the local stakeholder authority
- Must be entirely off-road (except for road crossings)
- All participants must obey all traffic rules

### Stakeholder Authority Approval

TA does not require stakeholder authority approval for the conduct of training events, however the affected stakeholders, such as council, park management authority, Roads and Maritime, Surf Lifesaving Associations, Police etc, may specifically require an approval process to conduct the event. Clubs should determine the requirements of the stakeholders prior to conducting the training event.