



TRIATHLON
VICTORIA

2022 VICTORIAN DUATHLON SERIES **COMPETITOR PACK**



RACE 1 - 10 JULY





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WELCOME

Welcome to the Victorian Duathlon Series!

In conjunction with Bayside Triathlon Club, Melbourne Tri Club, Knox Tri Club & Nunawading Triathlon Club we're delighted to have you join us to race in metropolitan Melbourne.

This competitor pack will provide you with all the essential information you need for race day and the race course. The race site is at the **Kevin Bartlett Sporting and Recreation Complex**, located at the junction of FR Smith Drive and Yarra Boulevard, Richmond.

The course utilises the fast and scenic Yarra Boulevard and surrounding pathways.

If you have any questions regarding anything in this pack, please contact Triathlon Victoria's Events Manager, Brian Hinton.

brian.hinton@triathlon.org.au



RACE TIMES

Race/Times	Kids	Sprint	Dash	DL
Registration / Transition Open	7:00am	7:00am	7:00am	7:00am
Transition closes	7:50am	8:45am	8:45am	8:10am
Briefing <i>(Dash start line 300m south of sprint start line on Yarra Blvd – please allow time to arrive at this start line 8:55am)</i>	7:55am	8:50am	8:55am	8:15am
Race Start	8:00am	9:00am	9:00am	8:20am

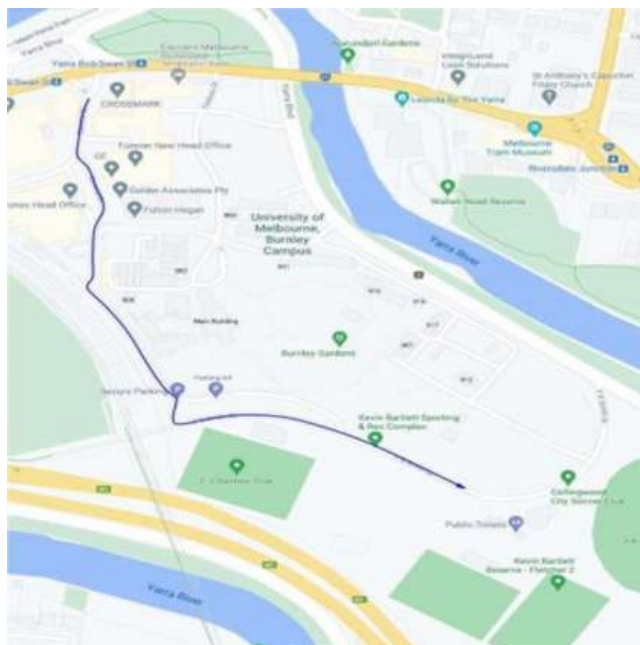


ACCESS MAPS

The race course (Yarra Blvd) is closed for the duration of the event; with closures coming into effect at 7am.

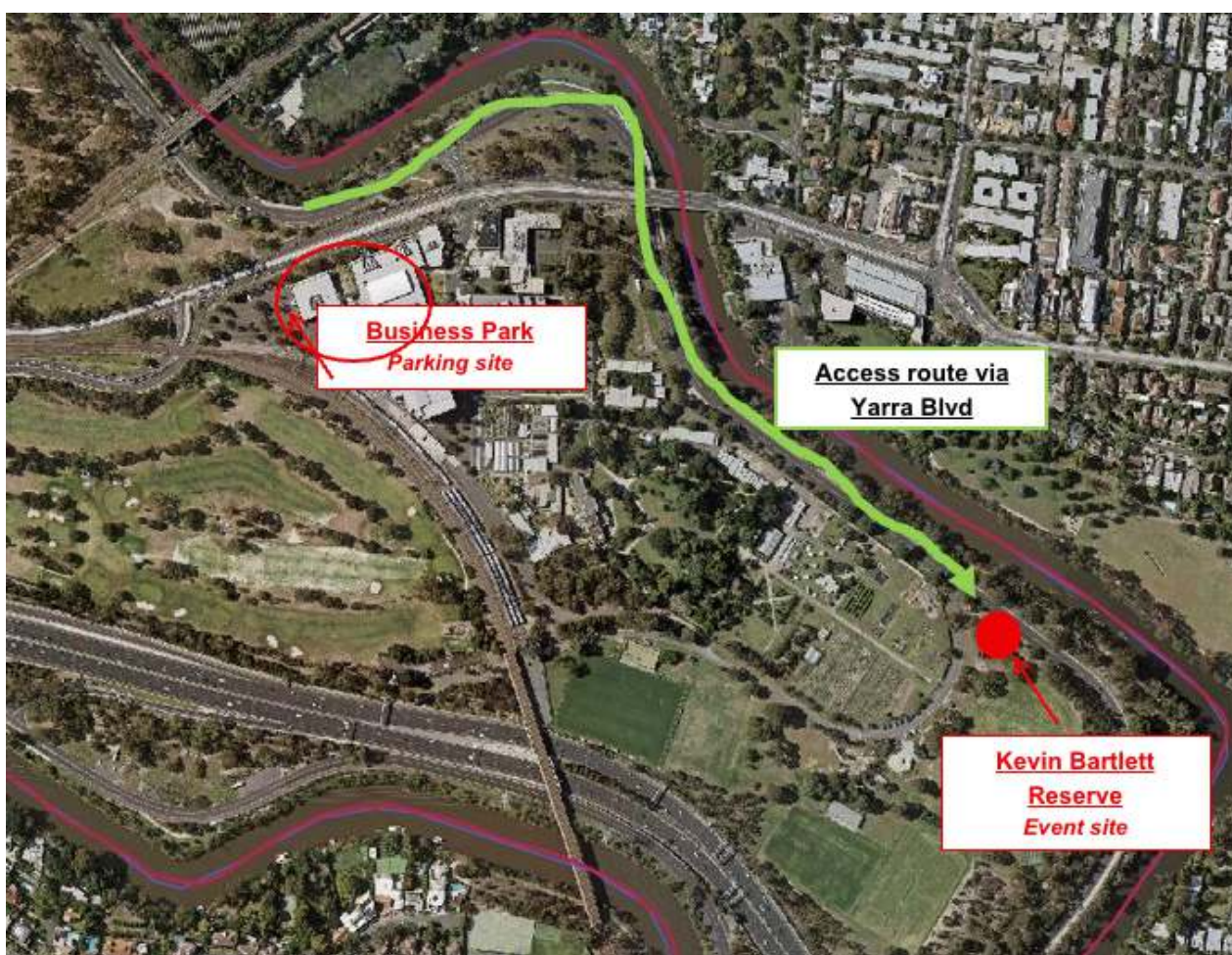
To access the Kevin Bartlett Reserve car park (FR Smith Drive); please following the below steps/map:

1. Access Botanicca Business Park via Southern side of Swan St from Closure.
2. Travel South to the end of Botanicca Blvd and travel alongside the rail line.
3. Continue alongside the rail line and down the hill towards the reserves.
4. Turn left at F.R. Smith Drive towards Kevin Bartlett Complex.



ACCESS MAPS

Access car park to event precinct (bike)



SITE MAP

Race 1 and 2 of the 2022 Victorian Duathlon Series take place at **Kevin Bartlett Sporting and Recreation Complex**, located at the junction of **FR Smith Drive** and **Yarra Boulevard, Richmond**.



EVENT SITE & TRANSITION

KEY:

Registration & Bag Compound 

Sprint/ Dash Transition 

Start Lines 

Toilets/ Change Rooms 

 Finishing & Timing Area

 First Aid

 Athlete Recovery/BBQ & Hydration

Sponsor Marquees/Expo

 Club Tents



EVENT DETAILS

ROAD CLOSURES

- The Yarra Boulevard will be totally closed to cars from 7:00am on the morning of the event.

PARKING

- Competitors who are driving should park at the Business Park (intersection Swan St & Central Drive) and then proceed to Kevin Bartlett Reserve via bike or foot along the Yarra Boulevard course (fully closed).
- Refer to "access map" earlier in this guide.
- There is no access to or parking on Yarra Boulevard.
- Due to event permit restrictions the parking at FR Smith Drive, the Heyington Bridge Car Park and the Melbourne University Car Park are reserved and not for duathlon competitors.

COURSE MAPS

Course maps are included in this competitor pack.

REGISTRATION

- Registration is located in the Event precinct at Kevin Bartlett Reserve.
- All competitors must report to registration to collect timing chip, race number, bike and helmet stickers.
- Race Registration opens at 7:00am and closes at:
 - 7:50am for Kids race
 - 8:10 for Draft Legal Note: a separate Draft Legal Competitor Pack will be issued
 - 8:45am for Sprint & Dash race

EVENT DETAILS

TRANSITION

To put bike in transition competitors must be wearing: race number, helmet and race stickers must be on helmet/bike.

Transition compound opens at 7:00am and closes at:

- 7:50am for Kids race
- 8:10 for Draft Legal
- 8:45am for Sprint & Dash race

RACE START TIMES AND LOCATIONS

- Kids Duathlon (including Multiclass Intermediate & Beginner): 8:00am at the start line (on the Yarra Boulevard)
- Draft Legal 8:20am at the start line (on the Yarra Boulevard)
- Sprint Duathlon (including Multiclass): 9:00am at the start line (on the Yarra Boulevard)
- Dash Duathlon (including Multiclass): 9:00am at the start line (on the Yarra Boulevard towards the Freeway)

Note: start times are subject to change

RACE BRIEFING

- The pre-race briefings will be held:
- Kids Duathlon (and Multiclass Beginner/Intermediate) will be at 7:55am; at the start line (on the Yarra Boulevard)
- Draft Legal will be at 8:15am; at the start line (on the Yarra Boulevard)
- Sprint Duathlon (including Multiclass Sprint) will be at 8:50am; at the Sprint start line (on the Yarra Boulevard)
- Dash Duathlon (including Multiclass Dash) will be at 8:55am; at the Dash start (on the Yarra Boulevard towards the freeway)



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EVENT DETAILS

POST RACE ACCESS TO TRANSITION

Transition will be open once all competitors have completed the bike leg.
To enter transition post-race competitors will need to have their/your race number.

MEDAL PRESENTATIONS

Sprint, Dash & Draft-Legal Presentations will commence at 10:45am or earlier if results are available.

Kids Presentations will be completed as each participant crosses the finish line.

POST RACE

Hydration courtesy of 32Gi and nutrition for competitors & supporters will be available post-race.





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KEY RACE CONDUCT & RULES

Triathlon Victoria strongly encourages all participants to familiarise themselves with the codes of conduct and rules of racing.

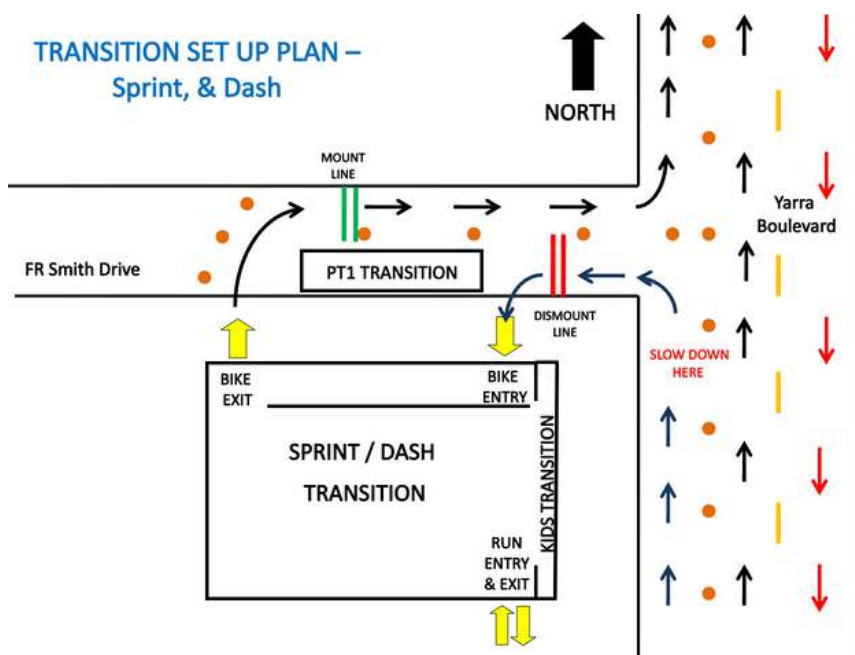
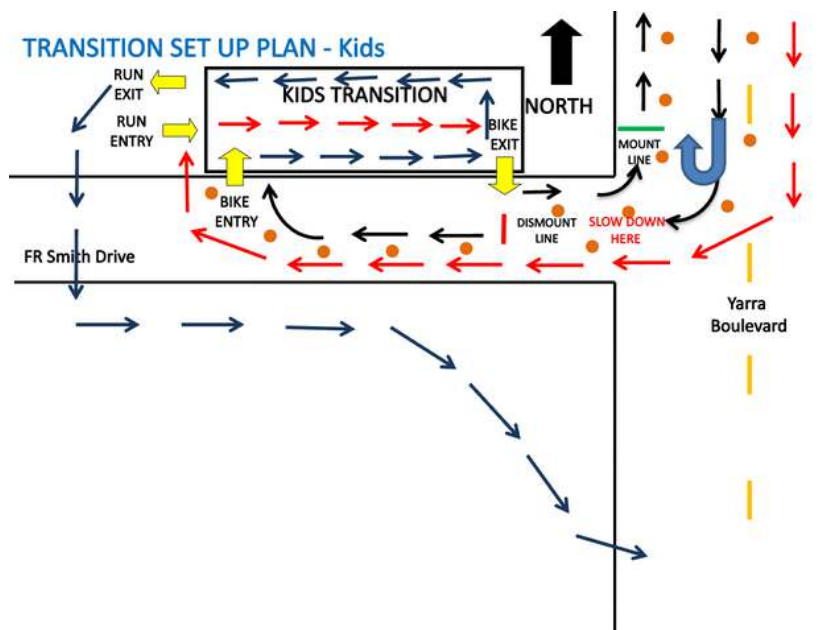
Race competition rules: <https://bit.ly/3AsrPtS>



HELMET FITTING GUIDE



TRANSITION MAPS





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SPRINT DUATHLON

5K RUN - 20KM RIDE - 3KM RUN



SPRINT DUATHLON

5K RUN - 20KM RIDE - 3KM RUN

RUN 1 COURSE



1 LAP = 5KM

1. Start Yarra Boulevard
2. Head North toward Bridge Road
3. Turn
4. Head South toward Freeway (road / path)
5. Turn
6. Head North toward KB Reserve (on road)
7. Merge onto Cross Country Track to Transition

Note: From Turn 2 toward transition competitors must stay within the marked running section on the road.

PTWC Athletes

1. Start point ahead of Sprint race, to be shown during Race Brief
2. PTWC athletes do not use Cross Country Track but continue on the road to PT1 transition

SPRINT DUATHLON

5K RUN - 20KM RIDE - 3KM RUN

RIDE COURSE



4 x 5KM LAPS = 20KM

1. Head North toward Bridge Road
2. Turn
3. Head South toward Freeway
4. Turn

Note: In the Southern section of the bike course competitors must stay on the right hand side of the marked section used for running when riding north toward Kevin Bartlett Reserve.

PTWC Athletes - As above

SPRINT DUATHLON

5K RUN - 20KM RIDE - 3KM RUN

RUN 2 COURSE



1 LAP = 3KM

1. Exit Transition
2. Head South on Cross Country Track
3. Merge with Road
4. Head South toward city
5. Turn
6. Head North on Road
7. Merge onto Cross Country Track to the Finish

Note: From the turnaround toward transition competitors must stay within the marked running section on the road.

PTWC Athletes - 1 LAP = 3KM

1. Exit PTWC Transition
2. Head North on Yarra Boulevard (Same course as Run1)
3. Turnaround as per Run1 & Bike legs
4. Pass Transition
5. Finish on Yarra Blvd after passing Transition

Note: From Turn 2 toward transition PTWC must stay on the marked CYCLING section on the road.



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DASH DUATHLON

2K RUN - 10KM RIDE - 1KM RUN



DASH DUATHLON

2K RUN - 10KM RIDE - 1KM RUN

RUN 1 COURSE



1 LAP = 2KM

1. Start Yarra Boulevard
2. Head South toward Freeway (on road)
3. Turn
4. Head North toward KB Reserve (on road)
5. Merge onto Cross Country Track to transition

Note: From Turn 1 toward transition competitors must stay within the marked running section on the road.

DASH DUATHLON

2K RUN - 10KM RIDE - 1KM RUN

RIDE COURSE



2 X 5KM LAPS = 10KM

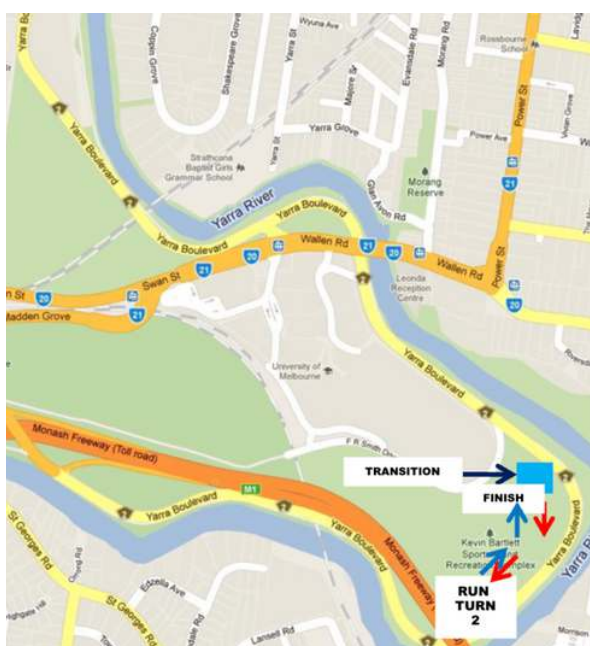
1. Head North toward Bridge Road
2. Turn
3. Head South toward Freeway
4. Turn

Note: In the Southern section of the bike course competitors must stay on the right hand side of the marked section used for running when riding north toward Kevin Bartlett Reserve.

DASH DUATHLON

2K RUN - 10KM RIDE - 1KM RUN

RUN 2 COURSE



1 LAP = 1KM

1. Exit Transition
2. Head South on Cross Country Track
3. Turn
4. Head North on Cross Country Track to Finish

Note: Run 2 course is all on the cross country track



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KIDS DUATHLON

400M RUN - 3KM RIDE - 350M RUN (7-9 YEARS)

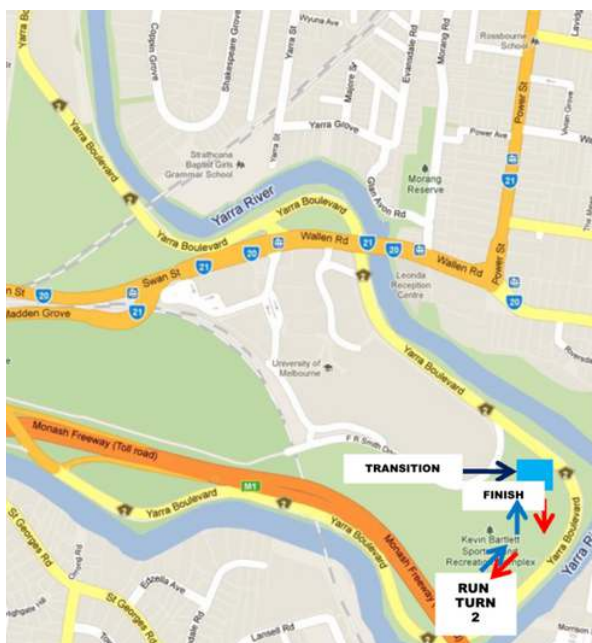
800M RUN - 6KM RIDE - 350M RUN (10-12 YEARS)



KIDS DUATHLON

400M RUN - 3KM RIDE - 350M RUN (7-9 YEARS)
800M RUN - 6KM RIDE - 350M RUN (10-12 YEARS)

RUN 1 COURSE



1 LAP = 400M (7-9 YEARS)

1. Start on Yarra Blvd (furthest side from transition), at corner of FR Smith Dr
2. Head North on Yarra Blvd
3. Turn right (hairpin) at 7-9 mark and head back toward start line/transition
4. Head South on Yarra Blvd to Transition
5. Turn right into FR Smith Dr and into Transition (in car park bays on FR Smith Dr)

2 X 400M LAPS = 800M (10-12 YEARS)

1. Start on Yarra Blvd (furthest side from transition), at corner of FR Smith Dr
2. Head North on Yarra Blvd
3. Turn right (hairpin) at 7-9 mark and head back toward start line/transition
4. Head South on Yarra Blvd to Transition
5. Turn right into FR Smith Dr and into Transition (in car park bays on FR Smith Dr)

KIDS DUATHLON

400M RUN - **3KM RIDE** - 350M RUN (7-9 YEARS)
800M RUN - **6KM RIDE** - 350M RUN (10-12 YEARS)

RIDE COURSE



2 LAPS = 3KM (7-9 YEARS)

1. Exit Transition – mount line is on Yarra Blvd
2. Head North Yarra Boulevard
3. U-Turn at 0.75km mark (at Railway bridge)
4. Head South toward Transition
5. After 1st lap – make U turn and complete 2nd lap
6. After 2nd lap – come to dismount line (go past U-turn, turn right toward transition) and head into transition

4 LAPS = 6KM (10-12 YEARS)

1. As above but 4 laps before heading into Transition

KIDS DUATHLON

400M RUN - 3KM RIDE - **350M RUN (7-9 YEARS)**
800M RUN - 6KM RIDE - **350M RUN (10-12 YEARS)**

RUN 2 COURSE



1 LAP = 350M (7-9 YEARS)

1. Exit Transition
2. Head across FR Smith Dr and around Sprint/Dash Transition
3. Go through bush area as directed and on to Yarra Blvd
4. U-Turn at 7-9 mark; head back into cross country track
5. Head back on Cross Country Track to Finish

1 LAP = 350M (10-12 YEARS)

1. Exit Transition
2. Head across FR Smith Dr and around Sprint/Dash Transition
3. Go through finish arch and on to Cross Country Track
4. U-Turn at 10-12 mark
5. Head back on Cross Country Track to Finish



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**TRIATHLON VICTORIA GRATEFULLY
ACKNOWLEDGES AND THANKS OUR CLUBS AND
PARTNERS FOR THEIR ASSISTANCE AND
SUPPORT.**

